

ALPHA MARRIAGE COURSE

Date	Topic
3-Oct	Building Strong Foundations
10-Oct	The Art of Communication
17-Oct	Resolving Conflict
24-Oct	The Power of Forgiveness
	Break
7-Nov	The Impact of Family – Past & Present
14-Nov	Good Sex
21-Nov	Love In Action
28-Nov	The Marriage Course Party – What Makes a Marriage Grow?
5-Dec	Coping With Times of Separation (Optional: for those in the Military or who are away from each other for long period of time)